

Understanding & Surviving in Today's Toxic, Electro-Polluted Environment



By Jimmie Holman

Contributing Editors: Paul Dorneanu & Thomas Drake

Electro-Therapeutic Approaches to Personal Disease Management and Health Maintenance.

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Relationships & Connections

Dr. Winfried Otto Schumann



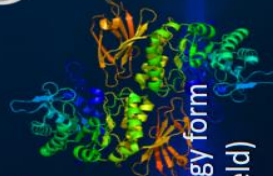
Schumann Resonance



Astronauts/Cosmonauts
Spacecraft/Spacesuits



Cellular Energy



Enzymes

(Capture of Free Energy form
Oscillating Electric Field)



Electro-Pollution

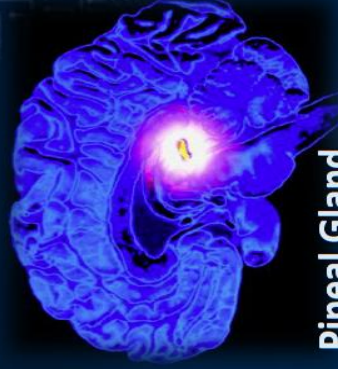
Wireless
Smart-Meters
Cell Phones
Wi-Fi



Brainwave States

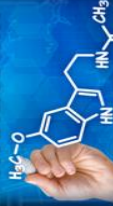


VSG



Pineal Gland

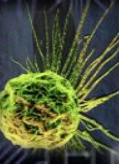
Melatonin



Sleep

Anesthesia (Induced)

Cancer



Lyme



Alzheimer's

Anti-Oxidants

Repair &
Regeneration



Serotonin
& other
Messenger
Molecules

Serotonin

Dr. Robert O. Becker



Dr. Ralph Gerard



Dr. Olena Bukalo



Dr. Albert Szent-Gyorgyi



Toxic Foods & Environment



RESEARCH



Understanding & Surviving in Today's Toxic, Electro-Polluted Environment

Jimmie Holman

with Paul Dorneanu & Thomas Drake (Contributing Editors)

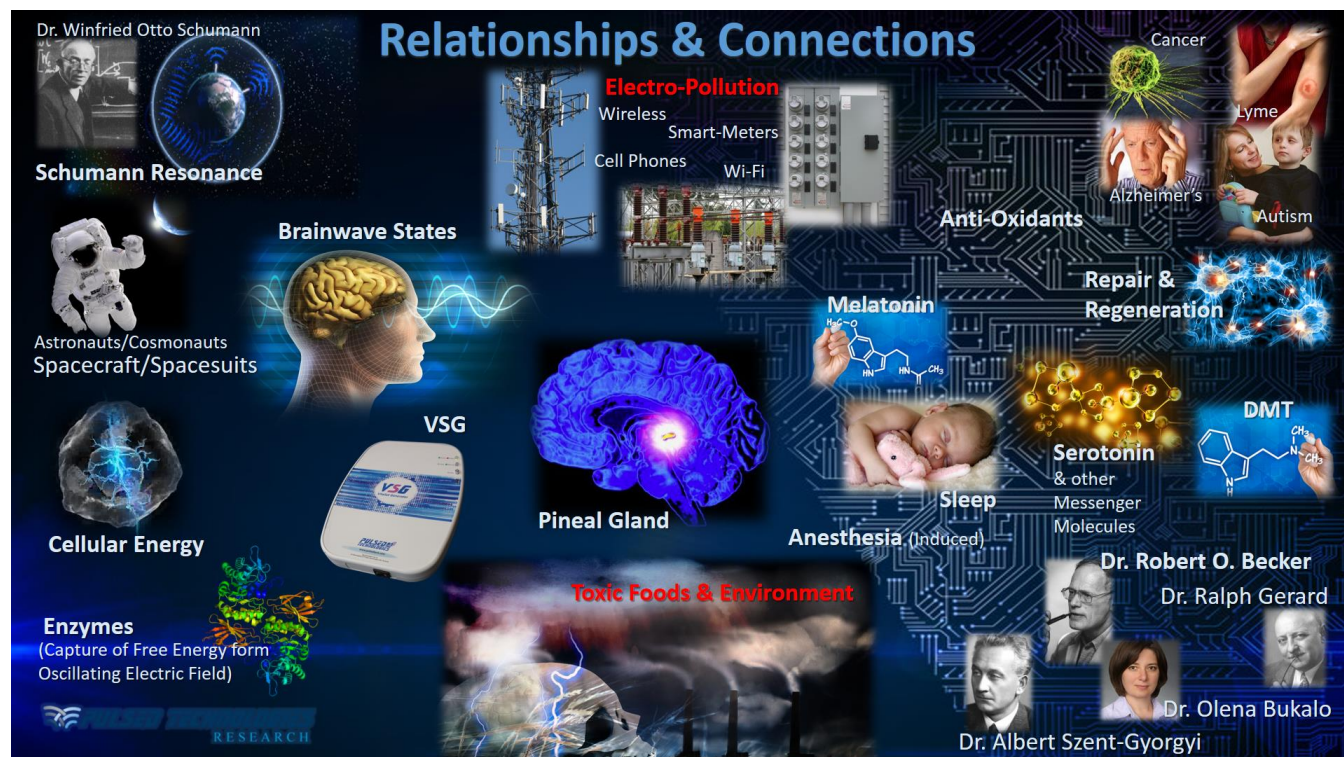
PulsedTech's VSG VitaSet Generator was born out of both personal and public need to assist us all in an environment becoming increasingly disruptive to people's health and wellness.

If you are reading this, you probably have a better clue than most, that despite assurances of standard safety limits set by our "trusted" regulatory commissions (largely based on input from the very commercial interests they regulate) most of us realize our toxic environment is having at least some adverse impact on each of us. Unfortunately, the impact of these assaults are typically suffered even more by the uneducated or uninformed who may have even greater exposure due to ignorance of these often unseen attacks. Understanding the scope of the problems, the relationships and at least part of the technical issues may allow one to better "survive" in today's toxic environment.

The interference of today's electro-pollution most often exhibits itself initially as stress and sleep disorders. The underlying situation however often cascades into progressively more serious health challenges without the victim or their traditional doctor ever understanding the underlying cause or relationships.

The Scope

As difficult as it may be to initially comprehend, there are close and significant relationships between ALL of the basic components in the following "Relationships & Connections" diagrams.



Electro-Therapeutic Approaches to Personal Disease Management and Health Maintenance.

The Instigators

Our chemically contaminated and genetically modified toxic foods combined with today's electromagnetic "electro-pollution" combines to form a deceptively invisible harmful environment that is far different than what the human species evolved in. The resulting disruption has expanded far more quickly than our ability to adapt.



Because we have been educated to believe our model of body and health has largely been based in chemistry, we believe that the solutions must also all be chemical. In this world of big Pharma, the adage "if all you have is a hammer, everything looks like a nail" helps analogously explain most doctors' pharma-only chemical approach. The pharmaceutical companies and allopathic medical community have helped perpetuate this myth and misconception.

While we see and recognize many of today's pollutants in our environment, many of our exposures are often unknown and unseen in the very foods we consume each day. Often, deceptive labeling contributes to that disrupting "invisibility", yet the difference in the product today from that our grandparents consumed are as different as night and day. Considering the chemical model of health, despite the increased volume of food, the required nutrition previously available in natural foods is not as present in most of today's available offerings. Our bodies do not have the same nutritional resources available with which to repair and rebuild unless one intentionally educates oneself and seeks and supplements the desperately needed resources.



Electro-Pollution is probably the most recent and most invisible of these assaults. The most common are the electrical power systems we use throughout our home for the many "conveniences" most of us feel we could not live without. Over time, we live with this without ever recognizing it may have an effect on ourselves. Because our focus has largely been on the "chemical" model of health, most folks have made no connection to any adverse effects they might have experienced due to electromagnetic pollution.

In the last few decades we have witnessed an explosion of personal and wireless electronics, Cell Phone, Pagers, Wi-Fi, etc. and other devices we often keep with us or even carry with us throughout the day, and rarely have far from us at night!



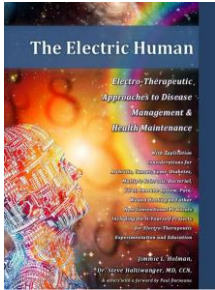
Most recently, however, we have witnessed the perceived forced implementation of Smart-Meters and the "Smart-Grid". When one truly investigates, there is NOTHING "smart" about it! The Smart-Meters/Smart-Grid system represents an enormous assault on our health and many would also argue, our privacy. Each meter becomes, besides the additional noise and electrical disturbance added at the local household, an individual transmitter "chattering" with other nearby meters to continually relay info about your use to the power company. As each of these "transmitters" is many times more powerful than the average cell phone, they are likely become a more serious concern, possibly exceeding most others because of their near proximity to where we work, live and sleep.

As we try to examine these relationships in a relatively non-technical manner, we will be better able to recognize and understand at least some clues necessary to avoid or counteract some of these unseen continual assaults being made upon us.

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The Pioneers

It will come as no surprise to those who have read my earlier work that I am an avid follower of the work of Dr. Robert Becker¹, author of *The Body Electric*², *Cross Currents*³ and *Electromagnetism and Life*⁴. It will probably also be understandable that *The Electric Human*⁵ by Dr. Haltiwanger and myself is a tribute to Dr. Becker and many others' foundational work in the bio-electrical nature of life processes.



For this paper, the primary pioneers to which we will refer to, although separated by time (often decades), each had significant overlapping insights into the other's work as the foundations of their own without fully understanding the implications of the others. Together the electrical view of our biology they provide us is both amazing and

disturbingly revealing when one considers the effect the invisible environmental disruptions we are perpetually exposed to often cause a detrimentally cascading effect on our physiology.

The father of electrophysiology, Luigi Galvani, (circa 1780), may have first realized the electrical nature of many of our most basic functions, but it was Dr. Robert Becker, almost 50 years ago, who afforded us his extensive observations into the electrical importance of sleep, repair and regeneration. Robert Becker was inspired and followed up on the earlier work begun by behavioral scientist and neurophysiologist Ralph W. Gerard⁶ who's primary investigations were on the nervous system, nerve metabolism, psychopharmacology, and biological basis of schizophrenia.



In 1941, Hungarian physiologist Dr. Albert Szent-Gyorgyi⁷, the discoverer of vitamin C, had suspected electrical semiconduction to be an important key to animate life, but was apparently never successful in proving that fact. However, via Becker's bone regeneration and other experiments, Szent-Gyorgyi's theory was validated.

- Becker's Anesthesia Work

Dr. Robert Becker is probably most known to us for his salamander experiments, anesthesia effects, as well as bone and limb regeneration, both separate but very related issues. Becker could apply a small electrical current through the brain of the salamander causing it to fall unconscious immediately. He found consciousness could be restored by reversal of the electrical current. He noticed however, exceptional increase in delta brainwave voltage when in this unconscious state. Becker's work in anesthesia and limb regeneration clearly indicated the voltage, current and polarity components were necessary and that sleep was closely coupled with regeneration.

¹ https://en.wikipedia.org/wiki/Robert_O._Becker

² http://www.amazon.com/Body-Electric-Electromagnetism-Foundation-Life/dp/0688069711/ref=sr_1_1?ie=UTF8&qid=1461267704&sr=8-1&keywords=The+Body+Electric/

³ http://www.amazon.com/Cross-Currents-Robert-O-Becker/dp/0874776090/ref=sr_1_1?ie=UTF8&qid=1461267758&sr=8-1&keywords=Cross+Currents

⁴ http://www.amazon.com/Electromagnetism-Life-Robert-O-Becker/dp/0981854907/ref=sr_1_fkmr1_1?ie=UTF8&qid=1461267833&sr=8-1-fkmr1&keywords=electromagnetism+and+the+foundation+of+life

⁵ <http://www.pulsedtechresearch.com/the-electric-human/>

⁶ https://en.wikipedia.org/wiki/Ralph_W._Gerard

⁷ https://en.wikipedia.org/wiki/Albert_Szent-Gy%C3%B6rgyi

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- **Bukalo's Discovery (What Becker Missed!)**

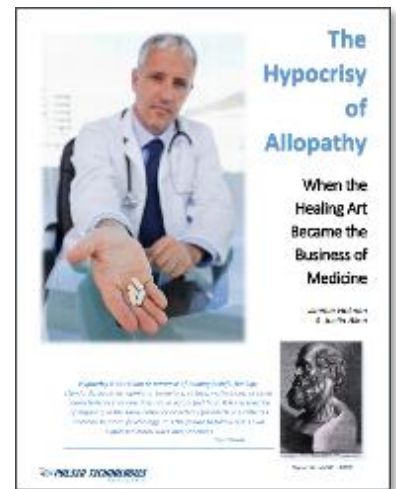


Only recently Dr. Olena Bukalo research fellow with NIH, has significantly expanded upon Becker's earlier work, realizing the significance of the voltage reversal in the unconscious state (when the voltage was noticeably higher than in the conscious state). Dr. Bukalo observed that the brains electrical signals used for communication travel in reverse direction when in the "rest" state, erasing unimportant information, but re-sensitizing and strengthening the neural cells for future use. (Ed.- Much like re-formatting a hard drive) Dr. Becker's focus had rather been on the polarity and electrical impulses for nerve and limb regeneration and the physical mechanisms involved.

It should be especially noted, in the mid-20th century, when Dr. Becker was doing his most prolific work, conventional allopathic (pharmacological) medicine was aggressively trying to separate from the vitalism and any electrical models previously emerging and predominant and move in favor of the far more profitable and controllable pharmacological and surgical models.

Note: "The Hypocrisy of Allopathy: When the Healing Art Became the Business of Medicine"⁸ details this successful intentional purge of competing technologies.

These oversimplified descriptions provided here should not limit the recognition, scope, or contributions of these dedicated yet humble giants. The views and perspectives these pioneers have given us provide amazing paths and possibilities which have disgracefully been largely ignored by conventional allopathic/pharmaceutical medicine. When their work is combined, it will help pull together the seemingly unrelated aspects of how our bodily systems work so that one may better recognize the interference and understand the effects our environmental disruptors have upon us. The recognition of these processes will help us to avoid or minimize the detrimental impact and suggest practical solutions to better survive in our toxic environment.



Note: For more detailed information, I would highly recommend visiting the excellent personal website of neurosurgeon and optimal health educator, Dr. Jack Kruse's at <http://www.jackkruse.com>, especially his article "Energy and Epigenetics 9: Quantum Sleep"⁹

***"Each Night, when I go to sleep, I die.
And the next morning when I wake up, I am reborn"***

Mahatma Gandhi

⁸ <http://www.pulsedtechresearch.com/wp-content/uploads/2014/11/Hypocrisy-of-Allopathy-When-the-Healing-Art-Became-the-Business-of-Medicine-Holman-Allen.pdf>

⁹ <https://www.jackkruse.com/energy-epigenetics-9-quantum-sleep/>

Schumann Resonance ... the Earth's Pulse

In 1952, Prof. Winfried Otto Schumann first predicted the resulting phenomena heartbeat of the earth cause by steady lightening in the cavity between the earth's surface and the upper boundary of charged particles appx 60 miles above. As the resulting waves combine with similar waves, increasing in strength, the resulting rhythmic "heartbeat" resonances occur. When Schumann's work was published it was immediately noticed that the predicted and calculated resonance almost perfectly corresponded with human brainwave peaks measured by the then still relatively new electroencephalograph (EEG). The distinct correlation between Schumann's earth resonances and measured brainwave peaks is logical when one considers that all known life evolved within the environment of the Schumann cavity



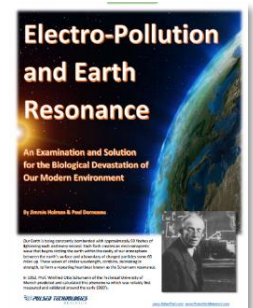
- **Electro-Pollution & Brainwave Interference**

These natural signals help our bodies and bodily processes "keep time" in a manner similar to a conductor coordinating an entire orchestra allowing the performers to perform in beautiful coordinated synchronization. Without that needed coordination, the individual contributing processes lose the symbiotic relationships with other necessary functions until coordination is lost and much bodily function degenerates to non-function. While an orchestra's music could degenerate to unpleasant noise, the resulting dysfunction of bodily processes would be sickness, disease, and eventual death.



Unfortunately, today's modern environment has so much man-made electromagnetic "noise" that our bodies typically cannot differentiate the natural signals from the electromagnetic noise. Worse still, some of the electromagnetic noise may be being interpreted as natural, but uncoordinated signals.

Access to these natural electronic/magnetic cues is apparently crucial to the healthy cycles of our life processes. The overwhelming electromagnetic noise created by today's modern technological environment is not only preventing our body access to the subtler natural external rhythms (Schumann resonances), but is also electromagnetically interfering with the internal rhythms (brainwave activity) to the point our bodies are operating like an orchestra without the guidance of a conductor. In "Electro Pollution and Earth Resonance: An Examination and Solution for the Biological Devastation of Our Modern Environment"¹⁰, we go into more pertinent details on the devastating, but unseen and usually unrecognized assault of our modern technological environment.



¹⁰ <http://www.pulsedtechresearch.com/wp-content/uploads/2015/01/Electro-Pollution-Earth-Resonance-Holman-Dorneanu-1.pdf>

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Cellular Energy

The Electric Human (previously referenced) has placed an emphasis on describing the electrical aspects of many or most of the general bodily process needed for healthy living. The allopathic model and most of what we have been taught generally focuses only on the chemical nature of these processes without realizing that even chemistry is an electrical/charge process.

- Soviet Cosmonauts

The early soviet manned space programs provided the first clues to the critical importance and electrical nature of life residing INSIDE the Schumann cavity. It was not until after cosmonauts returned in such bad physical condition, that the

more intense investigation of the problem occurred.

While Yuir Gagein is credited to be the first human to journey into space in 1961, it has largely been speculated that he was not actually the first man to travel into space. Cold war politics and publicity of the time was such that he was rather the first to return in “good enough” condition which could be presented to the public.

The (then) unexplainable poor physical condition in which the early cosmonauts returned from space, naturally initiated deeper investigation into the underlying cause and search for practical technological solutions.



- Earth Energy

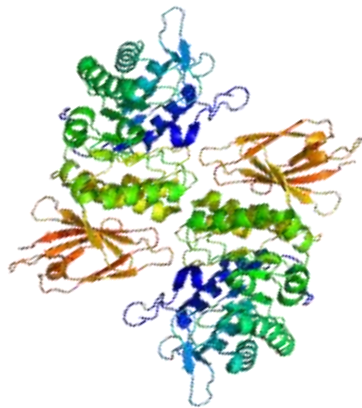
For some time, scientist realized that they could not account for all the electrical energy found within the cells and metabolic processes. What was measured was more than could be produced from the molecular components and occurring chemistry. The source of at least some this energy was unknown. The poor condition of returning astronauts and cosmonauts, those who had traveled beyond and out of the Schumann cavity were the ones who first most suffered these physical losses.

Apparently both Russian/Soviet and NASA space programs recognized that “life” did not work so well outside the Schumann cavity and the signal or energy within that cavity was important to maintain life. Although unverified from multiple separate trusted sources, we have been privately advised that not only do all spacecraft now each have “Schumann-type” magnetic pulse generators on-board, all (out of craft) spacesuits do as well. An artificial generator makes good sense!

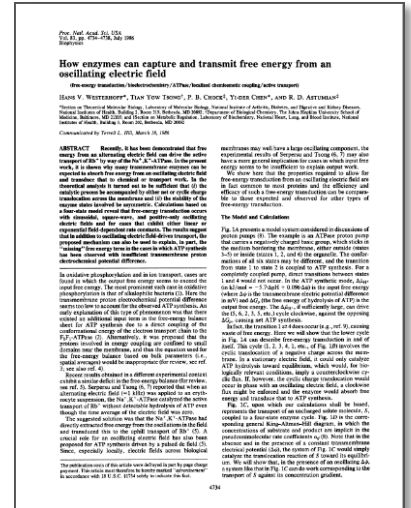
- **Free Energy Provided from “the Field”**

One might ask, “WHY does having a Schumann generator on board make sense?”

Although not widely known, the mechanism of the body’s capture of energy from our environment is known. In July 1986, Proceedings of the National Academy of Science - Biophysics published Westerhoff, Tsong, Chock, Chen, and Astumian’s “How enzymes can capture and transmit free energy from an oscillating electric field”.¹¹ This paper established that we have the biological components and mechanisms within us to capture energy from the



oscillating electric field around us. That description also appropriately describes the condition provided by the Schumann cavity in which we exist.



Absence of Access – Artificially Generated Supplementation

Absence of access to Schumann Resonances when one travels into space, and thereby forfeiting the supplemental energy literally helping powering the cellular and metabolic systems of our bodies, understandably may cause at least temporary deficiencies and compromised health issues. Prolonged absence of this vital energy may logically begin several cascading and compromising health issues.

While few of us are traveling into space, these natural signals and energies are becoming lost in the “smog” of electromagnetic pollution previously referenced in “Electro-Pollution and Earth Resonance”. Like traveling into space, our bodies are becoming less able to access these natural signals on which we biologically rely in today’s modern technological environment. Like the first returning cosmonauts, our bodies and health are exhibiting the same indications of breakdown.

Does it not make good sense to supplement these natural signals and energies where they are no longer apparently available? This was precisely why the Pulsed Technologies VSG (Daytime Mode) was created. However, unlike the few opportunistic token offerings in the marketplace, Pulsed Technologies provided the majority of the Schumann peak resonances rather than only the simple single frequency provided by others. You will see, this will become an important strategy as we continue.

¹¹ <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC323816/pdf/pnas00317-0161.pdf>

Interference & Disruption

Interference and disruption comes from multiple areas of our environment. The man-made electromagnetic pollution did not exist in the many millennia of our evolution, but rather only exists to any degree in the last century but is now compounding exponentially every year. Likewise, the toxic chemical and pharmacological pollutants in our foods and environment and the genetically engineered aspects have presented an unnatural assault on our bodily functions unseen to most, but never-the-less, a disruption to the functioning of our bodies design and evolution.

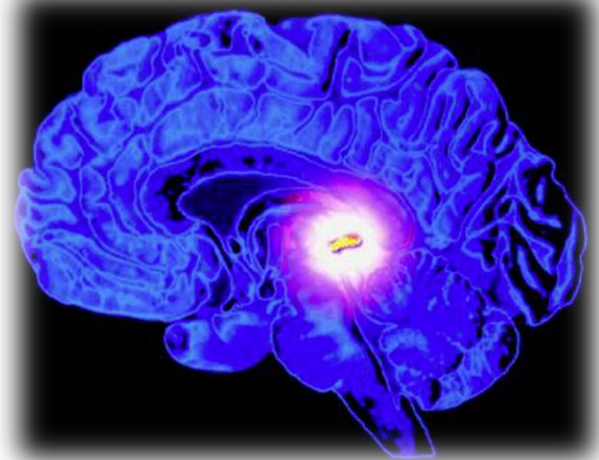


The Mysterious Pineal Gland

Although the importance was recognized and symbolized in almost every ancient culture, the pineal gland is often referred to as the “Third Eye”, and has been regarded by many cultures as (Rene’ Descartes stated) the “principal seat of the soul, and the place in which all our thoughts are formed.”

Modern medicine has only recently begun understanding the significance and basic technical functions.

While the Schumann resonances and the day/night signals help provide the timing signals to the body, it is the small pea sized endocrine gland, centered at the very center part of our brain (which should be a clear suggestion of its central significance), many say “conducts” the symphonic performance that orchestrates our bodily functions. The environmental disruptions interfering with the pineal gland’s external cues severely inhibit its ability to properly conduct the symphonic performance that is our properly working human system.



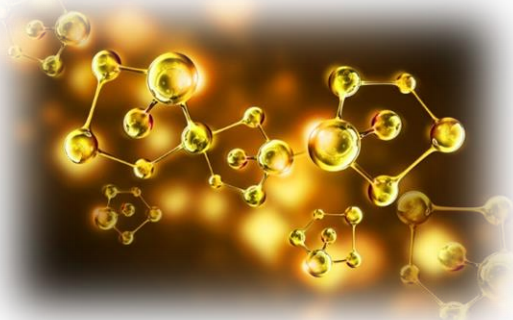
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- Melatonin

Of one of the most important functions of the pineal gland is the production and secretion of melatonin late in the day as the absence of light (setting sun) occurs and ceases in the presence of light, regulating your sleep-wake cycles. This helps to maintain circadian rhythm and regulate reproductive hormones. It needs to be emphasized: 1. The production of melatonin is dictated by light. 2. Exposure to light stops melatonin production. 3. Low light and darkness stimulate this production of melatonin. 4. Higher melatonin levels stimulating and should be present during sleep. While often recognized as a natural sleep aid, it is extremely important to recognize **melatonin is the body's most efficient free-radical scavenger**. Melatonin is a very powerful anti-oxidant, anti-inflammatory, and has immune boosting properties. "These properties function as brain, heart, neurological, cognitive and cancer protection through the reduction of trauma from brain injury; preventing heart muscle damage; neuroprotection; increasing cognitive functioning; and offering cancer support and reducing the toxic effects of chemotherapy."¹² The nightly free-radical scavenging done is likely one of the most important (yet least considered) aspects to maintaining optimal health, and it illustrates why regular sleep is so important. It is understandable that any interference with the natural light and rhythmic cycles that cues this daily production and regulation can be devastating.

**- Serotonin**

Serotonin is also produced in the pineal gland, and it gauges appetite, affects organ development, regulates mood and contributes to a feeling of calm and happiness. Low serotonin levels are often associated with disorders such as obsessive-compulsive disorder, depression, anxiety. Of important note, defective, or possibly interrupted signaling of this messenger molecule is suspected to be the root cause of sudden infant death syndrome and is associated with heartbeat and breathing.

**- DMT**

The pineal gland has also been considered as being the manufacturer of the neurosteroid Dimethyltryptamine (DMT), a hallucinogenic compound considered by some to be associated with dreaming and altered states of consciousness. DMT is chemically similar to both melatonin and serotonin as they all are synthesized from the same tryptamine base component.



When we consider the crucial importance of only these signaling and messenger molecules alongside the pioneering neurological and regenerative investigations and revelations revealed by the likes of Bukalo, Becker, Gerard, Szent-Gyorgyi and others, it becomes crucial we **MUST** have quality recuperative, regenerative, sleep and must have the natural energy needed to power those electrical energetic processes.

¹² <http://biomedicine.com/articles/2015/02/03/melatonin-extraordinary-antioxidant-benefits-beyond-sleep>

The VSG Experience & Expectations

We are often asked, “What should one expect when using the VSG instrument?” This is naturally a reasonable question, but one with an answer as complex as the person using the equipment, the degree of their problems and level of disruption in their personal environment. Enough private reports have come in from users, we can now share and elaborate somewhat on their reported experiences.

- Adverse Effects

To date no adverse effect has been reported. Extensive testing was done during design and prototype stages in private and professional clinical settings using what one would consider “worst case scenarios”. That is, those who were well known to have and be diagnosed with severe electromagnetic sensitivity issues. These preliminary informal trials were privately conducted professionally by both medical and naturopathic doctors who were both familiar with the specific patients, but had also been privately briefed on the technology itself to better recognize areas of change for their patients.

While it was expected there might be at least some adverse reaction in these, even in the most critically sensitive of patients, virtually all indicated relief and a reduction of stress on their body while in the presence of the operating instruments.

- Change/Improvement

The degree of change understandably varies with not only the severity of the individuals, but the degree their bodily functions are weakened or failing. It is somewhat ironic that those with the worst problems are often the first to recognize change and improvement. It is also not that unusual for a spouse or close family member to notice improvements before the person affected does; usually in improved attitude and less irritability.

- Cumulative Effect

Probably the most common characteristics is that the changes and improvements appear to be a cumulative effect, experienced over time. That is the experiences seem to improve with time which makes sense when one considers that most folks have been deprived for a very long time from deep healthy rest and the natural rhythms and energies needed for natural repairs and mental restoration.

VSG Summary

The gentle magnetic waves generated by the VSG were designed to overpower the constant disruptive man-made electromagnetic radiation (noise) ever present in today’s modern environment. These gentle VSG waves are intended to emulate the natural rhythms of the earth that all healthy life evolved in. Understanding the relationships and connections will greatly assist the user or owner develop a conscientious strategy for use and recognize long-term change and improvement when it occurs.



Operation & Use

While the VSG, from a user and operability standpoint, is most often used in a “set and forget” mode, it can be understandable that one doesn’t necessarily give credit where credit might be due. The VSG was designed to be unobtrusive to everyone’s lifestyle yet still provide the subtle improvements each and every one of us needs to help overcome the electromagnetic assaults and interference our bodily systems receive continually. Restoring access to the natural rhythms and energies of the earth is one of the most logical and restorative exposures one can imagine in a personal route toward better natural health and wellness.

Both “Day” and “Night” modes of Pulsed Technologies VSG provide different supplementation to the signals and rhythms each of us need but are most likely desperately needing. The VitaSet Generator provides the affordable quality solution to most user’s needs.

Closing Thoughts and a Shared Personal Experience

Although each and every person’s situation and environment is different, a recent email I received regarding a patient, “Lady E”, illustrates a user’s personal experience. Although “Lady E” probably never fully understood, but is probably now learning, at least some of the many technical mechanisms shared within this document. Even beyond her understandable skepticism and caution, she has made significant progress in her personal battle for return to health and wellness where conventional methods have failed her for decades. We would sincerely like to thank “Lady E” as well as her friend and counselor for bravely sharing her experience so others may also realize they too can personally benefit from their own actions and strategies. This is a true example of significant change that can occur when a practitioner, counselor, friend or even oneself focuses on “the healing art” as opposed to “the business of medicine”.

July 5, 2016

Hello Jimmie Holman,

Here is some feedback on the VSG I received back in January 2016, which was provided to a 59 year old lady "E" who has suffered from misdiagnosed Lyme for more than 20 years. You've probably heard it all before, but here's my story.

January 2016:

The lady "E" has been unable to work for several years due to Lyme symptoms and she has become essentially bedridden. She has allergies and adverse reactions to most foods, and as a result her weight dropped to 92 lbs. and she is depressed. Her blood sugar is high and she is mildly diabetic. She is extremely electro-sensitive, even to the point of being afraid of electrical wires, and she can "feel" the electricity in the walls. All fluorescent lights have to be removed and Band-Aids put over led indicators. The laptop screen and iPad hurt her eyes even with the intensity turned down so low it is barely visible. She suffers from sleep deprivation and needs sleeping pills every night which she has been taking for the past 22 years. Without them she can not fall asleep. Even with the pills she only manages about two hours of sleep, but it isn't restful, and she actually wakes up feeling worse off. She also

suffers from extreme brain fog and can not handle any stressful situations, no matter how mild.

As might be expected in those circumstances, she was very fearful and unwilling to consider any frequency-based therapies, and I didn't think she would even accept the VSG. So, I prepared her in advance by talking about beneficial frequencies, especially the natural frequencies of the earth, and how they are being blocked out by the harmful electrosmog. And I told her about a device that restores the natural beneficial frequencies of the earth.

Then one day I showed up and casually said, "here's the device that restores the healthy frequencies of the earth", and I handed her the VSG. To my surprise, she looked it over and seemed interested in it. She actually liked it due to its simplicity and portability (to make it less threatening, it was running on batteries and there was no power cord). I advised her that there were some LEDs that might need Band-Aids put over them (it turned out the LEDs were not a problem as they weren't "aggressive"), and I told her to keep it running all the time as it would "protect her from the electrosmog". Then I left her with it and went home.

The next day:

In the afternoon I received a telephone call, and it was from "E". She seemed very excited on the phone, telling me that she had just slept for 7 hours, which hadn't happened before. And, she woke up feeling rested instead of worse off. To her, this was monumental, and she was so excited that she immediately went online and spread the good news to all her Lyme support groups about how the VSG made a difference and helped her sleep.

Over the next several days she told me that she began having dreams that she could remember and that she would wake up in the morning with energy instead of feeling exhausted. Her brain fog improved noticeably (her words), and she started becoming more active. I noticed that she was less irritable, less tense, and had a more positive outlook. Her weight increased over the next month from 92 to 102 lbs without any significant dietary changes to account for it.

At One Month:

I received a telephone call from "E". She was very excited, almost out of breath, and she told me. "I did it ... Cold turkey. I stopped taking my sleeping pills." It had been 22 years and now she was able for the first time to just turn out the lights and fall asleep without sleeping pills.

At Three Months:

E's weight had increased to 111 lbs. and she was looking much better. She had enough stamina to endure the stress of negotiating and closing a real estate deal, which is her only source of income.

At Five Months:

E's infectious disease specialist called to give the results of some lab tests that are done every 90 days. He was very excited to report that her vitamin D levels, which had been severely depressed, suddenly increased to almost normal levels, and that her WBC count was starting to show some improvement.

That's where things now stand. The VSG has been a turning point in getting E's health back on track and moving in the right direction. Up until the time the VSG arrived, things were looking pretty bleak and everything was going downhill.

Thanks for a great product. I will be looking to purchase more VSG's in the future.

Regards,

[name/company/location anonymized]



Lady E - "Heading in the Right Direction"



Mr. Jimmie L. Holman is CEO of Pulsed Technologies Research, LLC (USA - Dallas, Texas) and COO of Bioenergetics & Pulsed Technologies, SRL (European Union - Bucharest, Romania)

Mr. Holman has been exclusively involved, since appx. 1969, in proprietary research and development in many areas of highly technical design, including electronic warfare, electronic surveillance, signal intelligence, exotic signal processing, advanced supercomputer development, and specialized studies for both domestic and foreign governments and agencies.

Mr. Jimmie Holman has been extensively researching Resonant Frequency technology since appx. 1995 with intense focus on the positive effects and natural responses of a biological nature for personal, environmental, medical, commercial and industrial applications.

Although Mr. Holman is based in Dallas, Texas much of the proprietary work of Pulsed Technologies is being securely carried out abroad ... specifically in Eastern Europe.

Electro-Therapeutic Approaches to Personal Disease Management and Health Maintenance.

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